

menu.

TAKE OUT OR EAT IN.

COFFEE.

Espresso	2.70
Cortado	3.20
Long Black	3.00
Americano	3.00
Flat White	3.40
Latte	3.70
Cappuccino	3.70
Mocha	4.20
Hot Chocolate	3.80

A POT OF TEA.

Yorkshire (regular/decaf)	2.80
Earl Grey	3.00
Triple Mint	3.00
Berry & Hibiscus	3.00
Green	3.00
Lemongrass & Ginger	3.00
Loose Leaf Masala Chai	3.95

COLD.

Coke/Diet Coke	2.00/2.25
Cawston Press	2.25
Frobishers Orange Juice	2.50
Frobishers Apple Juice	2.50
Hip Pop Soda	2.50
Hip Pop CBD Kombucha	2.95
San Pelligrino	2.25
Bundaberg Ginger beer	2.25

ICED.

Iced Americano	3.20
Iced Latte	3.90
Iced Mocha	4.40
Iced Chai	4.00
Iced Chocolate	4.00
Vanilla milkshake	4.95
Peach Iced Tea	3.00
Fruit Smoothies (Berry, Tropical, Green)	4.95

MATCHA. NEW!

Matcha Latte	4.10
Iced Matcha (Vanilla/Strawberry)	4.30 4.70
Maple Matcha Latte	4.60
White Chocolate & Pistachio Matcha (Iced/Latte)	 5.15/4.95

WINE / BEER.

Rooster's cans (440ml):

Easy Going Assassin	5.60
Haus Lager Bier	5.30
Yankee Pale Ale	5.30

Wine (served by the glass)

Prosecco. 20cl Bottle	8.00
White. Pinot Grigio. Medium	7.00
Red. Argentinian Malbec. Large	10.00

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BRUNCH. FROM 0800 UNTIL 1500 *

Homemade Granola 5.95

Greek yoghurt, bananas & blueberries

Add honey/maple syrup +0.30

Savoury Croissant (until we run out!)

1 filling 4.00

2 fillings 5.00

3 fillings 6.00

Choose from ham, cheese, tomato or bacon

Toast 3.25

Multigrain, White Pain de Mie,

Sourdough (+0.50) or Tea Loaf

+0.30 for jam, marmalade, marmite or honey

Sourdough with roasted 5.25

tomatoes, parmesan shavings, chilli

flakes, a side of rocket & balsamic glaze

Breakfast Toastie 6.00

Choose from bacon, sausage or vegan sausage

Bacon & Sausage 7.00

Add roasted tomatoes +0.75

Overnight Oats V/Ve New! 5.45

Creamy chilled oats with Greek yoghurt.

+0.50 blueberries, raspberries, banana, dark

choc chips, flaked almonds or Maple syrup

+0.30 seeds, honey or jam +0.50 for soya

Freshly Made Porridge V/Ve 4.95

(*Only available until 11:30)

+0.50 blueberries, banana, dark choc

chips, flaked almonds or Maple syrup

+0.30 to add seeds, honey or jam

+0.50 for vegan option

**Porridge is made from scratch so during busy times there may be a wait.*

TOASTIES | SOUP. SERVED FROM 1100 UNTIL 1500

**All toasties are made using Balztersen's white Pain de Mie (V). Multigrain available on request (Ve).*

THE FOLK CHEESE GRILL V/Ve 6.95

Mature cheddar, beef tomato, French's mustard & dill pickle. Add ham +1.00

TUNA MELT 7.95

Mature cheddar, with our house tuna crunch mix (red onion, celery, gherkins, Dijon mustard & mayo) & rocket

PLAIN TOASTIE - Cheese or ham 6.00

Cheese & ham 7.00

+0.50 for tomato, baked beans or kimchi

+0.30 for onion relish, red onion, marmite

THE MEXICAN MELT New! 7.95

Mature grated cheddar, spicy chicken, red pepper & jalapenos

CHICKEN & BACON CAESAR WRAP 7.95

Gem lettuce, chicken breast, crispy bacon, homemade croutons, parmesan shavings & lashings of Caesar dressing

SOUP & bread Ve New! 6.00

Ask a member of the team for today's flavour

Food Intolerance? Please make the team aware of any dietary intolerances or allergies. Food is prepared in a small environment which handle allergens; especially nuts, dairy, eggs and gluten.

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